

1. It provides an opportunity for more prayer requests.
2. It enables more people to pray.
3. It encourages those who are timid to pray.

## VI. The Communion Service

### A. Purpose of the Communion Service

The Communion Service is to commemorate the death of Jesus Christ for our sins. The Bread represents His body which was given for us, and the Juice represents His blood which was shed for us. As believers partake of the Bread and Juice, they are strengthened spiritually.

### B. Frequency of the Communion Service

The Bible doesn't say how often the Communion Service should be held. All the Bible says is "For as often as ye eat this bread, and drink this cup, ye do show the Lord's death till he come." Therefore, the Communion Service may be held as often as the local church wants to hold it. Some churches hold it every week, some every month, some every three months, some every six months, and some once a year.

### C. Elements Used in the Communion Service

#### 1. Bread

The Bible doesn't say what kind of bread should be used in the Communion Service, or in what form the bread should be. Therefore, either leavened or unleavened bread may be used, and the bread may be either in the form of a loaf or in little pieces ready for immediate distribution.

#### 2. Juice of the Grape

The Bible says that the content of the cup in the Communion Service should consist of juice from the grape (Matt. 26:29). Therefore, either grape juice or wine may be used.

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NOTE: A good discussion on the elements used in the Communion Service is found in Charles Hodge's SYSTEMATIC THEOLOGY, Vol. III, pp. 615-617.

### D. Preparation for the Communion Service

1. The Pastor should appoint a married couple from the church membership to permanently take care of the physical details of the Communion Service. These details include the purchasing of the elements, the preparation of the Communion Table, and the cleaning-up process afterwards. If this task is too great for one married couple, the Pastor should appoint as many married couples from the church membership as are necessary to handle it.
2. The Pastor should thoroughly instruct the Elders concerning what they are to do in the Communion Service. To help the Elders remember this